



Carbs & Cals



FREE APP
iPhone & Android

✓ Type 1 Diabetes

✓ Type 2 Diabetes

✓ Weight Loss

EASTER

Easter Egg

45g Carbs
80g, small

415 Cals **6g Prot** **25g Fat** **15g SatFat** **2g Fibre**

Easter Egg

56g Carbs
100g, medium

519 Cals **7g Prot** **31g Fat** **19g SatFat** **2g Fibre**

Easter Egg

112g Carbs
200g, large

1038 Cals **15g Prot** **62g Fat** **37g SatFat** **5g Fibre**

Creme Egg

29g Carbs
40g

176 Cals **1g Prot** **6g Fat** **4g SatFat** **0g Fibre**

Mini Creme Eggs

22g Carbs
34g

166 Cals **2g Prot** **8g Fat** **4g SatFat** **1g Fibre**

Mini Eggs

35g Carbs
50g

248 Cals **2g Prot** **11g Fat** **7g SatFat** **1g Fibre**

Chocolate Orange

16g Carbs
26g

137 Cals **1g Prot** **7g Fat** **5g SatFat** **1g Fibre**

Chocolate Bunny

28g Carbs
50g, small

275 Cals **4g Prot** **17g Fat** **10g SatFat** **1g Fibre**

Chocolate Bunny

113g Carbs
205g, large

1128 Cals **15g Prot** **68g Fat** **41g SatFat** **4g Fibre**